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Inbox

We love hearing from our readers, so if you would like to respond to an issue, write to us at the address below

WARM WELCOME

I arrived in Australia five weeks before my daughter was born. The thought of being in a new country with a newborn was very scary. But it was in *Mother & Baby* that I found consolation. From newborn care, to managing with no sleep, I've relied on *M&B* for support. The stories shared in the magazine have been very motivating. I no longer feel alone and I've learnt to juggle life with my baby – kudos to the *M&B* team for such great work.

Rati, via email

BE PROUD, LADIES

I've just read the article 'Are we spoiling motherhood?' (Jun/Jul 2012). After my first pregnancy (twins) I felt proud of what my body had achieved. However, after the birth of my son in 2010, I was amazed at the audacity of others in commenting on my tummy. I'm lucky I have a thick skin and don't take these comments to heart, but for others it could be devastating. We should be proud of what our bodies can achieve.

Tanya, via email

STAR LETTER

In the 12 weeks since my beautiful bub was born I have spent too much time being unhappy with my post-pregnancy body. Your article 'Are we spoiling motherhood?' (Jun/Jul 2012) really made me stop and think. How much precious time with my baby have I missed while worrying about how I look? I am so lucky to have my bub, and the fact that my hips are a little bigger, my breasts a little lower and my tummy a little looser isn't even on the scale of importance when compared to the fact that my baby is happy and healthy. Thank you for helping me put things back into perspective.

Jessica, via email

Our Star Letter winner, Jessica, wins a QuickSmart Easy Fold Stroller with weather shield and carry bag, and a QuickSmart EFS Accessory bundle, together valued at $329.99.

Rati and Tanya each receive a Giggles My First Steps Wagon, valued at $69.99 each

Mother & Baby, PO BOX 422, Eastern Suburbs MC, NSW, 2004, or email m&b@acpmagazines.com.au

email

SHOP smart

A one-stop store with all the latest great buys for parents of little ones. Get ready to go shopping

SHOWER IN STYLE

Organising a stylish baby shower is easy with the new Happi Tree Owl Baby Shower range. Choose between a neutral, pink or blue theme – they're all gorgeous. Visit www.thebabyshowershop.com.au.

HAVE TO HAVE IT

The Essential Baby Box, $34.95, from b.box packs everything you need for a nappy change into one clever little container. There's a built-in box for wipes and room for two nappies, plus a cute change mat.
Visit www.bbox.com.au.

GOOD NIGHT'S SLEEP

The new absorbent, disposable DryNites Bed Mats, $9.99, are a great idea – simply place under the sheets to protect mattresses from night time accidents. They're available from Coles, Big W, IGA and selected pharmacies.

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PERFECT BALANCE

The award-winning ride-on QuickSmart Scramble Bug, $49.95, is designed to help toddlers learn important balance, pushing and steering skills, while having fun at the same time.To buy, visit babytotoddler.com.au.

BREEZE EASY

The Breeze Baby sling, $79, is made from quick-drying, non-absorbent fabric, so you can use it everyday as well as in the water – perfect for showering with bub or swimming in summer. Call 1300 725 276 or visit www.babesinarms.com.au.