

**GLAMOURMOM**<sup>®</sup>  
THE BUILT-IN NURSING BRA

It's a nursing bra.

It's a tank top. It's a camisole.<sup>™</sup>

It's built-in tummy control!

Introducing our new Glamourmom<sup>®</sup>

Nursing Bra Tummy Control Long Tank!

This tank style features a built-in support

panel that trims the tummy and waist

while supporting the lower back during

breastfeeding! Feel great with a "wow"

product that makes a real difference!



To order please contact  
Dale Group International  
at [sales@goldbug.com.au](mailto:sales@goldbug.com.au)  
or call + 61 3 9553 0024

US Patent 7,076,809 • European Patent 1322193  
AU Patents 2002212997 and 2006203128 • CA Patent 2424035  
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New mum Natalie Bassingthwaighe and beau Cameron McGlinchey take daughter Harper for a stroll in their Mylo pram.



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## YOU'LL BE HOOKED!

Hanging heavy shopping bags on your pram's handles can cause it to tip over, taking junior with it. Instead, consider using a detachable clip, like the Goldbug Stroller Clip, \$9.95 ([goldbug.com.au](http://goldbug.com.au)), to keep your shopping or nappy bag in place. ▶

PEG PÉREGO UNO, \$849  
(1300 131 477)

**Nuts and bolts** This Italian beauty's reversible, height-adjustable handle easily converts it to a stroller. It's compatible with the Peg Pérego Primo Viaggio car capsule, \$449, so bub can sleep while in transit.

**Specs** Suitable for newborns to 15kg; weighs 10.3kg; comes in navy check, orange, green and brown. Rain cover, \$99.95.



Medela Breastmilk Bottles, \$24.20 for pack of 2 (medela.com.au), are great for storing breast milk in the fridge or freezer and can be turned into feeding bottles by replacing the lid with a Teat, \$9.35.



Philips Avent Manual Breast Pump, \$109.95 (avent.com.au), imitates your little one's sucking pattern to help with your letdown reflex.



Pigeon Disposable Breast Pads, \$11.50 for pack of 36 (1300 768 868), eliminate odours and are contoured to fit the curve of your breasts comfortably.



Philips Avent Washable Pads, \$11.95 for pack of 6 (avent.com.au), with laundry bag, have a leak-proof layer to draw the moisture away from breasts.



Prepare flat or inverted nipples for breastfeeding with Medela Nipple Formers, \$28.60 for pack of 2 (medela.com.au), which are contoured for less visibility through clothing.



Made with 100 per cent pure, natural lanolin, NUK Nipple Cream, \$14.95 (1800 672 464), is gentle on sore nipples and helps prevent any further cracking.

The My Best Friend Feeding Pillow, \$89.95, available at Mothers Direct (mothersdirect.com.au), helps you maintain good posture and prevents a sore back and neck.



Protect cracked nipples with Philips Avent Nipple Protectors, \$13.95 (avent.com.au). Available in small and standard sizes, they're taste-free, so bub won't be offended.



Freezer space limited? Medela Pump & Save Breastmilk Bags, \$27.50 for pack of 20 (medela.com.au), are pre-sterilised, leak-free and can be squeezed into tight spots.

Mum and baby can still see each other during feeds with the Bébé Au Lait Nursing Cover, \$44.95, available at Nursing Angel (nursingangel.com.au).



The Philips Avent VIA Storage Feeding System, \$16.95 (avent.com.au), grows with baby, and can be used to express, store and bottle-feed as well as freeze solids and keep snacks fresh.

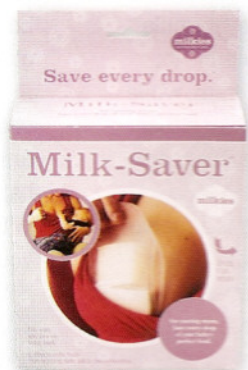


Forget cabbage leaves! Bosom Buddy Warm/Cool Breast Therapy Gel Packs, \$29.95 for set of 2, available at Nursing Angel (nursingangel.com.au), soothe inflamed breasts and stimulate milk flow.



Keep two bottles hot or cold for up to four hours with Tommee Tippee Insulated Twin Bottle Carrier, \$15.65 (tommeeetippee.com.au), which has a compartment for storage containers.

Collect leaking breast milk and save it for bub's next feed with Milkies Milk-Saver, \$29.95, available at Nursing Angel (nursingangel.com.au).



Popular with breastfeeding mums the world over, the Ikea Poäng Armchair, \$199 (ikea.com.au), has a simple, comfy design, an optional matching stool and, of course, a good price tag.

The two-phase Medela Swing Fashionable Electric Breastpump, \$308 (medela.com.au), stimulates let-down, then pumps to optimise milk flow. COSMO

