GLAMOURMOM®

THE BUILT-IN NURSING BRA

It's a nursing bra.

It's a tank top. It's a camisole.™

It's built-in tummy control!

Introducing our new Glamourmom® Nursing Bra Tummy Control Long Tank! This tank style features a built-in support panel that trims the tummy and waist while supporting the lower back during breastfeeding! Feel great with a "wow" product that makes a real difference!

To order please contact
Dale Group International
at sales@goldbug.com.au
or call + 61 3 9553 0024

US Patent 7,076,809 • European Patent 1322193
AU Patents 2002212997 and 2006203128 • CA Patent 2424035
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New mum Natalie Bassingthwaighte and beau Cameron McGlinchey take daughter Harper for a stroll in their Mylo pram.

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PEG PÉREGO UNO, **$849**
(1300 131 477)

Nuts and bolts This Italian beauty's reversible, height-adjustable handle easily converts it to a stroller. It's compatible with the Peg Pérego Primo Viaggio car capsule, $449, so bub can sleep while in transit.
Specs Suitable for newborns to 15kg; weighs 10.3kg; comes in navy check, orange, green and brown. Rain cover, $99.95.

YOU'LL BE HOOKED!

Hanging heavy shopping bags on your pram's handles can cause it to tip over, taking junior with it. Instead, consider using a detachable clip, like the Goldbug Stroller Clip, $9.95 (goldbug.com.au), to keep your shopping or nappy bag in place. ▶

Medela Breastmilk Bottles, $24.20 for pack of 2 (medela.com.au), are great for storing breast milk in the fridge or freezer and can be turned into feeding bottles by replacing the lid with a **Teat, $9.35**.

Philips Avent Manual Breast Pump, $109.95 (avent.com.au), imitates your little one's sucking pattern to help with your letdown reflex.

Pigeon Disposable Breast Pads, $11.50 for pack of 36 (1300 768 868), eliminate odours and are contoured to fit the curve of your breasts comfortably.

Philips Avent Washable Pads, $11.95 for pack of 6 (avent.com.au), with laundry bag, have a leak-proof layer to draw the moisture away from breasts.

Prepare flat or inverted nipples for breastfeeding with **Medela Nipple Formers, $28.60 for pack of 2 (medela.com.au)**, which are contoured for less visibility through clothing.

Made with 100 per cent pure, natural lanolin, **NUK Nipple Cream, $14.95 (1800 672 464)**, is gentle on sore nipples and helps prevent any further cracking.

The **My Brest Friend Feeding Pillow, $89.95, available at Mothers Direct (mothersdirect.com.au)**, helps you maintain good posture and prevents a sore back and neck.

Protect cracked nipples with **Philips Avent Nipple Protectors, $13.95 (avent.com.au)**. Available in small and standard sizes, they're taste-free, so bub won't be offended.

Freezer space limited? **Medela Pump & Save Breastmilk Bags, $27.50 for pack of 20 (medela.com.au)**, are pre-sterilised, leak-free and can be squeezed into tight spots.

Mum and baby can still see each other during feeds with the **Bébé Au Lait Nursing Cover, $44.95, available at Nursing Angel (nursingangel.com.au)**.

The **Philips Avent VIA Storage Feeding System, $16.95 (avent.com.au)**, grows with baby, and can be used to express, store and bottle-feed as well as freeze solids and keep snacks fresh.

Forget cabbage leaves! **Bosom Buddy Warm/Cool Breast Therapy Gel Packs, $29.95 for set of 2, available at Nursing Angel (nursingangel.com.au)**, soothe inflamed breasts and stimulate milk flow.

Keep two bottles hot or cold for up to four hours with **Tommee Tippee Insulated Twin Bottle Carrier, $15.65 (tommeetippee.com.au)**, which has a compartment for storage containers.

Collect leaking breast milk and save it for bub's next feed with **Milkies Milk-Saver, $29.95, available at Nursing Angel (nursingangel.com.au)**.

Popular with breastfeeding mums the world over, the **Ikea Poäng Armchair, $199 (ikea.com.au)**, has a simple, comfy design, an optional matching stool and, of course, a good price tag.

The two-phase **Medela Swing Fashionable Electric Breastpump, $308 (medela.com.au)**, stimulates let-down, then pumps to optimise milk flow. COSMO